

Cockhedge Medical Centre

November Newsletter



FLU VACCINATIONS

Please book in at reception if you are eligible for a flu vaccination. We will make every effort to accommodate a suitable day and time for you. If you have received a text message from us please respond even if you do not wish to have the flu vaccination so that we can stop contacting you and update your record.

CHILDRENS FLU

We are currently offering children between the ages of 2, 3 and 4 years the nasal flu spray. There is currently an issue with the delivery and supply of this vaccine, so please contact the surgery as soon as possible if your child is eligible.

ARE YOU A CARER?

A carer is someone; who, without payment provides help and support to a parent, partner, child, relative, friend or neighbour who could not manage without their help. Please inform reception if this applies to you. We can then inform you of the numerous services and support for both adult and young carers and your family. If you are employed you may wish to check with your employer about flexible working options... Ask about an employer's carer passport scheme at reception.



MOVEMBER –MENS HEALTH AWARENESS MONTH

Each year, Movember is responsible for thousands of moustaches on men's faces in the UK and around the world.

The aim of Movember is to raise vital funds and awareness for men's health, specifically prostate cancer. For more information go to www.Movember.co.uk



**THE SURGERY WILL BE CLOSED
FOR STAFF PROTECTED
LEARNING TIME FROM 1.00PM
ON THURSDAY 28TH
NOVEMBER.**