

# PRACTICE NEWS

## Flu vaccinations

Please note that flu clinics will start in September this year.

Appointments will be available to book towards the end of August.

More information will be available nearer the time, in reception, on the Newsletter and on our website.



## Controlled Drugs

These drugs such as Tramadol can now go electronically to the pharmacy.

Please go into a pharmacy of your choice and sign up to receive this service.

If you are already signed up with a pharmacy, all of your medications will be able to be processed electronically.

## Health Campaigns—July

### Change4Life—Summer Campaign

This 10 minute shake up programme aims to get children active for 60 minutes a day, with 10 minute bursts of active fun inspired by their favourite characters from Toy Story, The Incredibles, Frozen and The Lion King.

**For accessible activities go to <https://www.nhs.uk/10-minute-shake-up/shakeups>**

### Patients who did not attend (DNA) appointments

#### During June the number of patients who failed to attend was 30

Please help us to reduce this number. Missed appointments cost the practice over £30.00 each time as well as preventing other patients who are in need from having an appointment.

- *We will be closed for Protective Learning Time from 1.00pm on Thursday 25th July 2019*
- *Please check that the contact details we have for you are correct*
- *Register for access to online services—Ask at reception for further details*